



ICFNS-2026

INTERNATIONAL CONFERENCE ON
FOOD NUTRITION AND SUPPLEMENTS
DUBAI, UAE

14th-15th Apr 2026

Organized by:



In Collaboraton With



Hybrid Conference



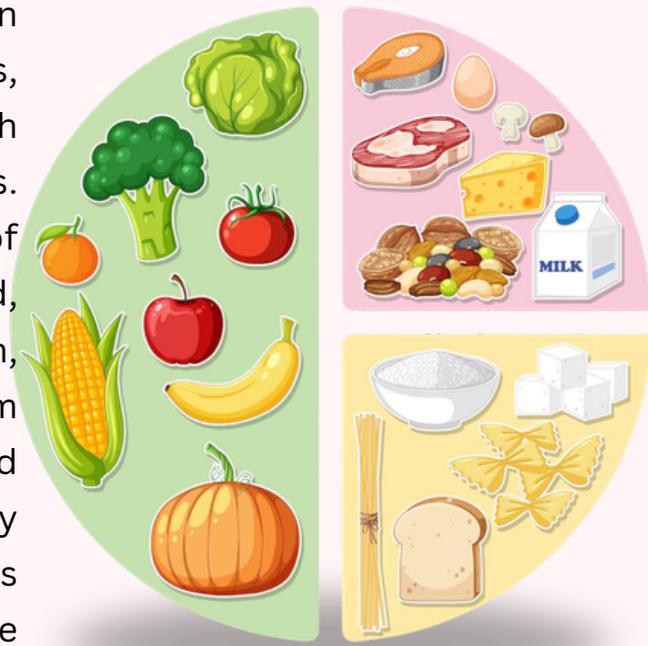
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ABOUT THE CONFERENCE

The International Conference on Food Nutrition and Supplements (ICFNS), at Dubai, UAE during 14th and 15th Apr. 2025 is a hybrid conference which is open to all nutritionists, dieticians, professors, deans, scientists, researchers, research scholars, health experts, delegates, industrialists, and students. Present developments and research in the fields of nutrition and food science will be discussed, providing attendees with a wealth of information, creative concepts, and firsthand experience from the subject matter specialists. The ICFNS is designed to foster collaboration and inspire innovation by providing an interdisciplinary forum where experts from academia, industry, and healthcare can share their insights and discoveries.



Important Dates

Full paper
Submission Deadline
25th Mar 2026

Registration deadline
28th Mar 2026

PURPOSE OF ICFNS-2026



The International Conference on Food Nutrition and Supplements (ICFNS) aims to give researchers, scientists, dietitians, nutritionists, gym professionals, bodybuilders, medical professionals, and other interested parties a forum to exchange ideas and explore the most recent developments and discoveries in the fields of food, nutrition, health, and lifestyle. The conference ICFNS-2026 at Dubai intends to advance awareness of the intricate linkages between food, nutrition, health, and lifestyle variables by encouraging collaboration and knowledge exchange among participants from all backgrounds and areas. The conference is to support the creation of evidence-based policies, initiatives, and interventions that can help address the global challenges connected to food security, malnutrition, chronic diseases, and other health issues by fostering discussion and the exchange of best practices.



CONFERENCE TRACKS

You are invited to submit your abstract to the International Conference on Food Nutrition and Supplements (ICFNS), Dubai under the following tracks, but not limited to:

Track-1

Innovations in Food Science and Technology

- Novel food processing techniques
- Advancements in food safety and quality assurance
- Sustainable packaging solutions
- Functional Foods and Nutraceuticals
- Development and applications of functional foods
- Probiotics, prebiotics, and synbiotics
- Nutraceuticals for disease prevention

Track-2

Nutritional Epidemiology and Public Health

- Global trends in diet and nutrition
- Nutritional interventions for non-communicable diseases
- Public health policies and nutrition education

Track-3

Sports Nutrition and Performance Enhancements

- Nutritional strategies for athletes
- Supplements and performance: evidence and myths
- Role of hydration and micronutrients in performance
- Emerging Trends in Nutritional Research
- Gut microbiome and its impact on nutrition
- Epigenetics and nutrition
- Nutritional approaches to mental health

Track-4

Plant-Based Nutrition and Sustainable Diets

- Benefits and challenges of plant-based diets
- Environmental impact of dietary choices
- Alternative protein sources: insects, algae, and lab-grown meat
- Food Biotechnology and Genetic Engineering
- GMOs and their role in food security
- Biofortification of crops
- Ethical considerations in food biotechnology
- Food Security and Global Nutrition Challenges
- Addressing malnutrition and hunger
- Impact of climate change on food systems
- Sustainable food production for a growing population

Track-5

Nutritional Supplements and Functional Ingredients

- Latest research on dietary supplements
- Functional ingredients for health enhancement
- Safety and efficacy of novel supplements
- Nutrition and Aging
- Nutritional needs of the elderly
- Role of diet in cognitive health and aging
- Preventing age-related diseases through nutrition

Track-5

Personalized Nutrition and Dietetics

- Precision nutrition and genomics
- Diet personalization based on lifestyle and health conditions
- Role of dietitians in personalized nutrition
- Digitalization in Nutrition: Apps, AI, and Beyond
- Role of technology in personalized nutrition
- Mobile apps and digital tools for diet tracking
- Artificial intelligence in nutritional research

PAPER SUBMISSION PROCESS

To submit your paper online visit

<https://icfns.org/submission.php?type=Presenter&lm2=1>

Or email us your paper

info@icfns.org



KEYNOTE SPEAKERS



Hadi Erfani

Lecturer, Department of
Chemical Engineering, Islamic
Azad University, Iran.



Dr. Shahina Qureshi

Assistant Professor &
Innovation Ambassador



MANISHA WAHI

Master's in Food Biology from
the UK, Wolverhampton
University



Praneetha Kotla

Solutions Architect/ Lead RPA
Developer ERP Smartlabs

Contact us : info@icfns.org to join us as speaker and Guest.

PUBLICATION OPPORTUNITY

Publication Support in Peer Reviewed High Impact and Indexed International Journals



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ICFNS-2026
Conference
Proceedings

International Conference Proceedings

- Opportunity to publish your research in the ICFNS-2026 Peer Reviewed International proceedings having ISBN.

Research Guidance with IASTEM

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- Paper editing and Formatting

Contact us : info@icfns.org for any research paper guidance and assistance service required.



REGISTRATION FEES

| Physical Registration Fee | | |
|---|------------------------------------|-------------------|
| Category | Early bird (till 14th Mar 2026) | Standard Reg Fees |
| Student (UG/PG/Ph.D./Post Doc.) | 300 USD | 330 USD |
| Delegates(Academician, Industry) Listener/ non-presenter | 350 USD | 380 USD |
| | 230 USD | 250 USD |
| Virtual Registration Fee | | |
| Student (UG/PG/Ph.D./Post Doc.) | 249 USD | 289 USD |
| Delegates (Academician, Industry) Listener/ non-presenter | 319 USD | 359 USD |
| | 149 USD | 199 USD |

For Group / Bulk Participation please contact: +91-8280862844 (Call/Whatsapp)

Before making the payment for the conference using any of the above methods, Please contact us @ +91-8280862844 or email us :info@icfns.org to get your Regd. ID



Available Payment Methods

For Group Registration

There are three payment options available for the **ICFNS**, Male You can pay

- Online Payment (Using Credit/Debit Card)
- Bank Transfer (TT)
- PayPal

[Click here to pay online](#)

Send your payment confirmation email with Proof of payment to info@icfns.org before last date of Registration only.



Contact Details

**International Conference on Food Nutrition and
Supplements (ICFNS-2026)**
Hybrid Mode

ICFNS-2026 Dubai, UAE

Paper Submission, Registrations and Payments Inquiries



Program Manager-IASTEM

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Call or WhatsApp



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Visit for Paper Submission and Registration



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Conference Venue:

Dubai, UAE